



**Join Today!**

*Become a member of LAP!*

**Sending in your membership today will put you on the edge of all the regional running events. Your membership will allow you to receive the LAPletter, e-mail updates, future discounts on races and clothing, etc. LAP sponsored runs include the St. Patrick's Day 5K Run, the Red River Run (5K & 15K), the New Year's Day Run, the Valentine's Day Run, the Lindenwood 10K Run, and the Turkey Trot. Join LAP and help us continue to promote running in our community. Your involvement is encouraged and appreciated. Experience camaraderie with other runners of all ages and backgrounds when you join us in group runs and enter our sponsored runs!**

**Just fill out the information below and mail this form along with a check for \$12.00 for single membership or \$20.00 for family membership to:**

**LAP  
P.O. Box 5284  
University Station  
Fargo, ND 58105-5284**

**NAME:** \_\_\_\_\_  
(PLEASE PRINT LEGIBLY)

**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_

**STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_ **GENDER:** \_\_\_\_\_ **SINGLE / FAMILY**  
(Circle one)

**PHONE:** \_\_\_\_\_ **BIRTHDATE:** \_\_\_\_\_ **NEW / RENEWAL**  
(Circle one)

**EMAIL ADDRESS:** \_\_\_\_\_

**Check us out at [www.lakeagassizpacers.com](http://www.lakeagassizpacers.com)**