



Running for the Ribbons – 5K Run/Walk

American Cancer Society

Saturday, April 24th, 2010 – 10:00 AM

Mail entry to:

Pookie's Patriots
P.O. Box 41
Davenport, ND 58021

Race day registration: 8:00 AM to 9:45 AM, April 24th

Fees: \$20.00/person or \$40.00/family

Start Time: 10:00 AM

Location: Memorial Building

131 Lyndon Street
Kindred, ND

Awards: Prizes will be awarded to top male and female finisher.

Questions: Joe Kolling (701) 428-3303 (leave message)

E-mail: kolling0401@yahoo.com

In order to guarantee a shirt size please register no later than April 5, 2010

Shirts will be available on race day - (sizes not guaranteed)

Reproduction of this application is permissible
(cut here and include lower portion with entrance fee)

Name _____ Age _____ Gender _____

Address _____ City _____ State _____

Zip Code _____ Phone _____

Shirt size: (circle) XS SM MED LG XL XXL

Waiver: In consideration of the acceptance of my entry in this race, I knowingly waive any and all claims which may accrue to me, my heirs, my estate, or my assigns, against all sponsors, organizers and officials of this race, including all of their agents, volunteers or employees for any damages whatsoever, including injury, illness or death suffered by me in this event. I certify that I am aware of the physical stress involved in participating in this event and the consequent risks to my health and that I have made adequate preparations to compete. I also agree to grant full permission to use my name, photographs, videotapes and other records of this event for publicity/promotional purposes.

Signature: _____

Under 18 – Parent or guardian must sign

Make checks payable to: The American Cancer Society